

Preoperative Instructions for Diabetic Patients:

Patients NOT on Insulin:

- DO NOT take GLUCOPHAGE (METFORMIN) for 24 hours before your procedure
- DO NOT take any other oral medications prescribed for your diabetes on the morning of your surgery.

Patients on Insulin:

- Short-Acting Insulin (Regular, HumaLOG, NovoLOG)
Take normal dose at bedtime. DO NOT take any short acting insulin on the morning of your surgery, unless your blood sugar is > 250. If your blood sugar is >250, take half of your dose.
- Long-Acting/Combination Insulin (Lantus, NPH, Ultralente, 70/30)
Take ½ normal dose at bedtime the night before surgery. DO NOT take any long-acting insulin the morning of your surgery.

Patients with an Insulin Pump:

- Bring extra supplies with you to the surgery center.
- Leave your pump running and check your blood sugar 4 hours prior to your surgery time. If your blood sugar level drops below 80, discontinue your infusion. Otherwise, continue your pump, but inform your pre-operative nurse

on arrival. You must check your blood sugar frequently while fasting.

PLEASE BE SURE YOU NOTIFY THE PROCEDURE SCHEDULER
IF YOU ARE DIABETIC!